

The Rest Of The Story

Crazy Busy - Week 4

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Psalm 127:1-2 "Unless the LORD builds the house, the builders labor in vain. Unless the LORD watches over the city, the guards stand watch in vain. 2In vain you rise early and stay up late, toiling for food to eat."

1. Do you build your life based on what you can _____ or what God _____?

*1 Kings 19:1-8 "Now Ahab told Jezebel everything Elijah had done and how he had killed all the prophets with the sword. ²So Jezebel sent a messenger to Elijah to say, "May the gods deal with me, be it ever so severely, if by this time tomorrow I do not make your life like that of one of them."
³Elijah was afraid and ran for his life. When he came to Beersheba in Judah, he left his servant there, ⁴while he himself went a day's journey into the wilderness. He came to a broom bush, sat down under it and prayed that he might die. "I have had enough, LORD," he said. "Take my life; I am no better than my ancestors."
⁵Then he lay down under the bush and fell asleep. All at once an angel touched him and said, "Get up and eat."
⁶He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again.
⁷The angel of the LORD came back a second time and touched him and said, "Get up and eat, for the journey is too much for you."
⁸So he got up and ate and drank. Strengthened by that food, he traveled forty days and forty nights until he reached Horeb, the mountain of God.
⁹There he went into a cave and spent the night."*

**2. Our problem isn't the presence of _____
but the absence of _____.**

**3. An absence of rest can _____
everything, including your _____.**

4. Failure to rest is _____.

Exodus 20:8-10 "Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns."

Exodus 20:11 "For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy."

**5. Temporal rest _____ comes with a
focus on _____ rest for tomorrow.**

Hebrews 4:1-2, ⁹Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it. ²For we also have had the good news proclaimed to us, just as they did; but the message they heard was of no value to them, because they did not share the faith of those who obeyed. There remains, then, a Sabbath-rest for the people of God; ¹⁰for anyone who enters God's rest also rests from their works, just as God did from his. ¹¹Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience.